# PERFECT START

Perfect Start is a low sugar, high protein creamer made from healthy coconut fat that contains MCTs (medium chain triglycerides), which help you feel full, access your own body fat for energy, and increase your mental clarity.

#### **FEATURES**

- No refrigeration needed
- Natural vanilla flavor
- No added sugars or artificial sweeteners
- Free of artificial flavors and colors
- Doctor formulated
- Easy to blend into beverages

"I use this in my coffee every morning, and I love it because it's delicious and stays with me throughout the day. I have more energy and snack less, which has had a positive effect on my waistline!"

- Dwayne T.



#### WHAT PERFECT START PROVIDES

Perfect Start contains the good fats we need to have great energy without all the sugar. It also contains a majority of C8 – the rarest and most valuable of all the MCT's

#### **BENEFITS**

- Long-lasting, sustainable energy
- Lose body fat by reducing sugars and increasing optimal fatty acids
- Feel enhanced immune function
- Better mental clarity
- Feel fuller longer
- Cuts sugary cravings
- Reduce belly fat and bloat

#### **GREAT FOR PEOPLE WHO:**

- Are interested in losing body fat
- Find themselves snacking throughout the day
- Follow a Keto or low-carb diet
- Anyone who wants to feel sharp and energetic





## OTHER VOLLARA PRODUCTS YOU MAY ALSO LIKE:

#### **ESSENTIALS FOR LIFE**

Our complete nutritional supplement system combines 6 different products into one that addresses core daily nutritional supplementation needs with vitamins, minerals, antioxidants, flora and enzymes.



#### RE:VIVE

Our on-the-go energy supplement significantly boosts energy, elevates mental focus and supports your health without the unwanted side effects found with most energy boosters.



#### **KETONEZONE**

It's possible to feel great plus have amazing energy! KetoneZone provides 100% pure D-BHB for healthy energy, mental clarity and enhanced metabolic function.





### READY TO ORDER A PERFECT START?

#### Serving Size: (16g) Servings Per Container: 30

	Amount Per Serving	% DV*
Calories	110	
Total Fat	10 g	13%*
Saturated Fat	10 g	50%*
Trans Fat	0 g	**
Cholesterol	0 mg	0%
Sodium	50 mg	
Total Carbohydrate	2 g	1%*
Dietary Fiber	0 g	0%
Total Sugars	0 g	**
Includes Og Added Sugars		0%
Protein	3 g	
Vitamin D	0 mcg	0%
Calcium	1 mg	0 %
Iron	0 mg	0 %
Potassium	69 mg	2 %

<sup>\*</sup>The % Daily value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

**Other Ingredients:** Medium Chain Triglycerides (MCT's), Coconut oil powder, Natural flavors, Betaine Anhydrous (as trimethylglycine), Potassium citrate, Potassium Glycinate Complex, L-Serine, Uridine, Stevia

- No refrigeration needed
- No artificial flavors or colors
- Natural vanilla flavor
- Doctor formulated
- No artificial sweeteners

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

#### **DIRECTIONS:**

Thoroughly mix 1 to 2 servings per day into a hot beverage or smoothie.

**STORAGE:** Store at 59-86°F (15-30°C) Protect from heat, light and moisture.

**WARNING:** California Residents Proposition 65

Contact your Vollara Associate, or if you don't have a Vollara Associate, contact Vollara Customer Service at 800.989.2299 or visit us online at www.vollara.com.