

ESSENTIALS FOR LIFE

Essentials for Life is the ultimate 6-in-1 complete nutritional supplement system that addresses core daily nutritional supplementation needs with vitamins, minerals, antioxidants, flora and enzymes.

FEATURES

- Proprietary whole-food vitamin and antioxidant blend
- Includes both proprietary digestive enzyme and probiotic blends
- 100% vegetarian formula
- Includes a custom-formulated Chelate Activated Enzyme Delivery System (CAeDS®) for optimal absorption
- Free of lactose, gluten, MSG, salt, sugar, artificial colors, flavors, sweeteners, chemical preservatives, additives and fillers

“Essentials for Life is great! My husband and I both take it, and even my mom has started taking it. We’ve all really noticed a difference in our overall energy, and I haven’t had a cold in over a year!”

- Michelle D.



WHAT ESSENTIALS FOR LIFE PROVIDES

Essentials for Life provides a 100% whole-food nutritional foundation to support overall health and energy. Daily exposure to stress, a poor diet, alcohol, smoking, and other factors can deplete the body’s store of vitamins, minerals, enzymes, and friendly flora. Essentials for Life helps rebuild these essential components of good health, creating a nutritional baseline for more targeted supplementation while aiding with digestion, metabolism, and supplementing nutrients missing from modern diets.

BENEFITS

- Increased energy and overall health
- Mineral replenishment
- Promotes stronger bones, healthy hair, skin and nails
- Muscle maintenance
- Added protection from free radical damage
- Digestion support
- Beneficial intestinal bacteria to strengthen immune system
- Increased ability to make lean muscle and burn fat
- Healthy insulin function and blood sugar levels
- Minimizes mood swings
- Reduced food cravings

INGREDIENTS

Essentials for Life combines six different Vollara nutritionals into one amazing system:

- **Re:Gain:** Whole food multi-vitamins replenish essential nutrients
- **Re:Claim:** Patented chelated minerals for maximum absorption, better energy and more stamina
- **Re:Absorb:** Vital digestive enzymes necessary for proper digestion and nutrient utilization
- **Re:Inforce:** Potent antioxidants protect against free radicals
- **Re:Balance:** Billions of stabilized probiotics help suppress harmful bacteria while promoting digestive health
- **Re:Lease:** Specific enzymes for metabolizing fat and supporting healthy blood sugar levels



GREAT FOR PEOPLE WHO

- Eat cooked or processed foods
- Experience low energy levels
- Don't eat 5 daily servings of fruits and vegetables
- Drink carbonated beverages, alcohol and tea/coffee
- Have difficulty losing weight
- Frequently feel stressed



OTHER VOLLARA PRODUCTS YOU MAY ALSO LIKE:



HEALTHYSLIPS

Dissolvable CBD strips provide your body quick, precise dose of broad-spectrum, nutrition-rich hemp oil.



RE:VIVE

Our on-the-go energy supplement significantly boosts energy, elevates mental focus and supports your health without the unwanted side effects found with most energy boosters.



KETONEZONE

100% pure D-BHB (Beta Hydroxy butyrate, the natural form of ketones) helps you achieve nutritional ketosis for increased energy, weight management and boosted metabolism.



FRESHAIR FOCUS

The FreshAir Focus Air Purifier helps remove odors in poorly ventilated areas where smells accumulate such as near trash cans, pet beds and bathrooms.



READY TO ORDER AN ESSENTIALS FOR LIFE?

Contact your Vollara Associate, or if you don't have a Vollara Associate, contact Vollara Customer Service at 800.989.2299 or visit us online at www.vollara.com.

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SUPPLEMENT FACTS

Serving Size 2 Capsules

Servings Per Container 84

	Amount Per Serving	% DV*
Vitamin A (100% as natural beta-carotene)	162 mcg	18%
Vitamin C	20 mg	22%
Vitamin D [as (D3) cholecalciferol]	20 mcg (800 IU)	100%
Vitamin E (as natural mixed tocopherols with tocotrienols)	6.7 mg	45%
Thiamin (as thiamin HCl)	0.5 mg	42%
Riboflavin	0.56 mg	43%
Niacin (as niacinamide)	6.6 mg	41%
Vitamin B6 (as pyridoxal-5-phosphate)	0.66 mg	39%
Folate (as Calcium L-5 Methyltetrahydrofolate)	222 mcg DFE	56%
Vitamin B12 (as methylcobalamin)	2 mcg	83%
Biotin	100 mcg	333%
Pantothenic Acid (as D-calcium pantothenate)	3.3 mg	66%
Calcium	50 mg	4%
Iron (as Ferrous Bisglycinate Chelate) (Ferrochel™)	0.76 mg	4%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium	25 mg	6%
Zinc	3 mg	27%
Selenium (as Selenium Glycinate Complex) (Albion™)	5 mcg	9%
Copper	0.4 mg	44%
Manganese	0.26 mg	11%
Chromium (as Chromium Nicotinate Glycinate Chelate) (TRAACS™)	70 mcg	200%
Molybdenum (as Molybdenum Glycinate Chelate) (TRAACS™)	5 mcg	11%
CAeDS® Blend:	370 mg	*
Calcium Bisglycinate Chelate buffered with Calcium Carbonate (TRAACS™), Magnesium Bisglycinate Chelate buffered with Magnesium Oxide (TRAACS™), Zinc Bisglycinate Chelate (TRAACS™), Magnesium Glycinate Glutamine Chelate (TRAACS™), Copper Bisglycinate Chelate (TRAACS™), Manganese Bisglycinate Chelate (TRAACS™), Vanadium Nicotinate Glycinate Chelate (TRAACS™)		
Proprietary Whole Food Vitamin and Antioxidant Blend:	265 mg	*
Acerola fruit extract, brewers yeast, kelp, rutin, broccoli, brussels sprouts, safflower oil powder, spinach leaf, beet root, blackstrap molasses, chlorella algae, cranberry extract, Jerusalem artichoke inulin, quercetin dihydrate, alfalfa leaf, blueberry fruit, carrot root, ginger root, grape seed extract, green pepper fruit, olive leaf extract, raspberry juice powder, shiitake mushroom extract, spirulina, sweet potato tuber, turmeric root extract, olive fruit extract, pine bark extract, resveratrol (from Polygonum cuspidatum root extract)		
Proprietary Digestive Enzyme Blend:	140 mg	*
Acid protease, fungal protease, glucoamylase, invertase, malt diastase, lactase, cellulase, lipase, fungal amylase, peptidase		
Proprietary Probiotic Blend:	100 mg	*
Acid protease, Lactobacillus acidophilus, Bifidobacterium lactis, Streptococcus thermophilus, Bifidobacterium breve, Lactobacillus rhamnosus, Lactobacillus paracasei, Lactobacillus plantarum, Bifidobacterium dididum, Bifidobacterium longum, Bifidobacterium adolescents in a base of fructooligosaccharides from chicory inulin		
Vitamin K ₂ (as menaquinone-7 from soy)	20 mcg	*

* Daily value (DV) not established

Other ingredients: Hypromellose, vegetable stearic acid, rice flour, ascorbic acid and silica. Contains Soy.

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: California Residents Proposition 65